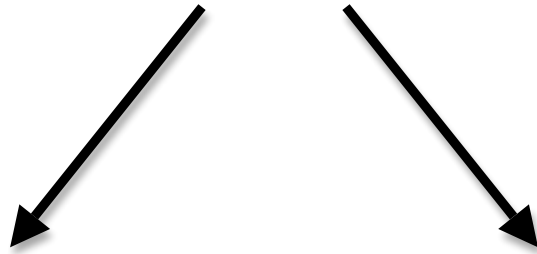
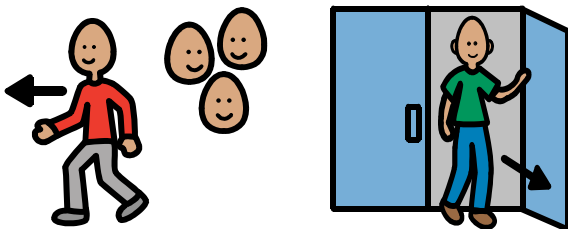


Transition

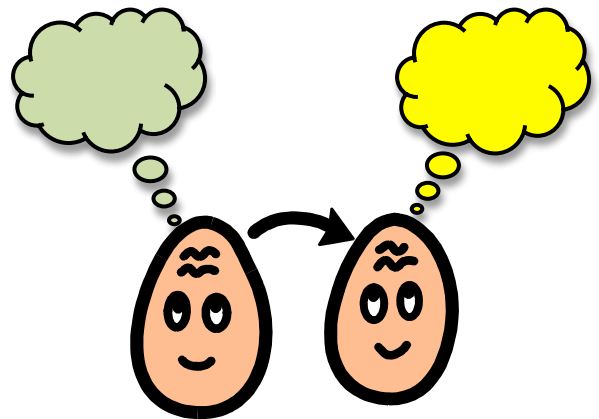
means:



Move your
BODY to the
next place or
job

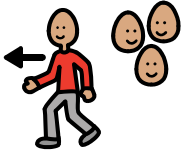


Move your
BRAIN to think
about your next
job or topic



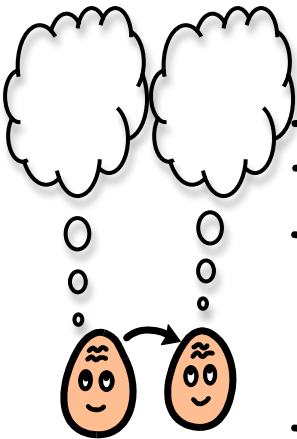
My Transition Plan

Transitioning can be hard sometimes. I need to move my BODY and my BRAIN to the next job or topic. For this transition...



I need to move my BODY from

_____ to _____.



I need to move my BRAIN from
thinking about _____ to

thinking about _____.

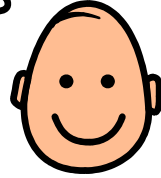
One TOOL to help me transition is:



_____.

Name: _____

Here are some easy transitions during my day:



1. From _____ to _____

2. From _____ to _____

Here are some hard transitions during my day:



1. From _____ to _____

2. From _____ to _____



Transition TOOLS

1. Schedule



Math Today
1. Lesson
2. Worksheet
3. Game.

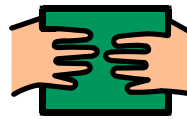
2. What's Next List

3. Countdown (a timer, 3-2-1



cards, or button chart) 

4. Object to bring



(like a pencil, a book or folder you will use, etc.)