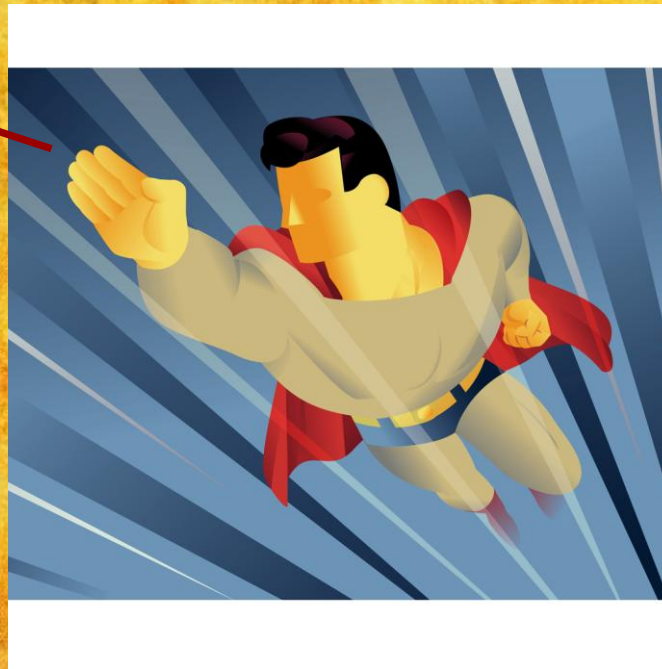
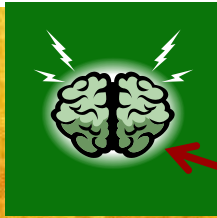


Your Super Brain Power!

You have a super brain power that you can use anytime!



Sometimes
kids might do
things to
bother or
annoy you.





Kids might say or do things that *distract* you. These distractions make it hard for you to **FOCUS** and do your job at school.

Kids might...



make noises...



say hurtful things...



throw a fit in class...

act too silly....

...or just do things that



make you mad!



These are called
DISTRACTIONS.
Distractions are
people, things or
sounds that take
our attention away
from what is
important.



But, the good thing is...

You have a super
brain power!

You can
IGNORE

these
distractions!

Ignoring:

Pretending you cannot
see or hear what
someone else is doing

Why should we ignore kids who are distracting us?

- Keeps you out of trouble yourself



- Helps you *focus* and learn



- We make good choices when we ignore distractions.



How to Ignore:

➤ Do not look at the person



➤ Do not listen to the person



➤ Do not talk to the person



The Key...

No looking, listening, or talking to the distraction!



When should we ignore?

- When kids are being too silly during a learning time
- When there are noises in the hallway
- When kids are saying hurtful things to you
- When kids tell us to say or do bad things
- When kids are throwing a fit/tantrum in the classroom
- Other:
- Other:



When we should NOT ignore:

- When teachers are giving directions
- When parents, teachers or adults are talking to you
- When you see someone being bullied
- During an emergency situation
- If someone is trying to injure you
- When someone is trying to help you



Remember:

- We should ignore distractions that hurt our learning or behavior choices.
- Ignoring means **pretending that you cannot see or hear what someone else is doing.**
- Remember: ***No looking, listening or talking*** to a distraction.
- You should ***never*** ignore adults like parents and teachers. This would get you in trouble.
- You should work hard to ignore distractions such as noises, or kids making distracting behavior choices. This will help you do your best and make your teachers happy.