Learning from Losing a Game
Playing games can be a lot of fun. But, it can be frustrating to lose a game.

I’m not playing unless I get to go first!

I hate losing! I’m not playing with you again!

No one is following the rules correctly!
Sometimes I get mad or say, “I’m quitting” if I am losing in a game.

“I QUIT! You are making me lose!”

You are bossy!

You are cheating!
But, I can actually **LEARN** from losing a game!
There are 3 things I can learn.....

Losing a game hurts! What could I learn?

3 things! Did you say there are 3 things I can learn? Tell me *quick*!
#1

I can learn **self-control**.

Self-Control means that I keep my body calm. I do not cry or yell. I use a #3 voice. I keep mean thoughts in my thinking bubble.

I am out of control! I am yelling, crying and NOT calm! Waaaaaaaa.

Check out my great self-control! Zzzzzz...

My body is so.... Calm. (Sigh)
#2

I can learn how to “stick with it.”

This means that I keep trying, even when things are hard.
#3

I can learn how to **be a better friend**. Kids like to play with other kids who are kind winners **AND** losers. Kids know that you don’t always win – it is fun to play together.
So... 3 things I can learn when I lost a game are:

1. Self-Control
2. Stick with it – try even though things are hard.
3. Be a better friend